



INSTRUCTIONS

To designate a beneficiary or to change your existing beneficiary designation on your plan, complete all applicable sections of this form, obtain any required signatures, and return it to your Plan Sponsor. If you have any questions regarding this form, please contact us at 1-800-401-TRAN (8726). For further information, please refer to the attached Qualified Pre-Retirement Survivor Annuity Explanation.

PLAN SPONSOR INFORMATION	N			
Plan Name				
Contract/Account No.	Affiliate No.		Division No.	
PERSONAL INFORMATION				
Social Security No.		Date of Birth (mm/dd/yyyy)		
First Name/Middle Initial		Last Name		
Mailing Address				
City		State	Zip Code	
Phone No.		Ext.		
E-mail Address				

PRIMARY BENEFICIARY DESIGNATION - WILL RECEIVE BENEFITS IN THE EVENT OF YOUR DEATH

This designation will apply to the account number above. You must designate a specific percentage for each beneficiary. Shares must be whole percentages and total 100%. If you do not indicate shares, benefits will be split equally among surviving beneficiaries. If the named beneficiary is a trust, please specify the name and date of the trust, and the name of the trustee.

Note: Share of benefits must total 100% for primary beneficiaries. If additional space is needed to designate multiple beneficiaries, complete the

Supplemental Beneficiary D	esignation page.				
Type of Beneficiary Designat	tion [] Indiv	ridual [] Trust [] Estate		
Share of Benefits		% (whole percentages only)	Relations	hip	
Social Security No.			Date of Birth (mm/dd/yyyy)		
First Name/Middle Initial			Last Name		
Name of Trust/Estate					
Trustee/Executor					
Trust/Estate Tax ID			Effective Date		
Mailing Address					
City			State	Zip Co	ode
PRIMARY BENEFICIARY DESIG	NATION (CONTINUED)				
Type of Beneficiary Designat	tion [] Indiv	ridual [] Trust [] Estate		
Share of Benefits		% (whole percentages only)	Relations	hip	
Social Security No.			Date of Birth (mm/dd/yyyy)		
First Name/Middle Initial			Last Name		
Name of Trust/Estate					
Trustee/Executor					
Trust/Estate Tax ID			Effective Date		
Mailing Address					
City			State	Zip Co	ode

CONTINGENT BENEFICIARY - WILL RECEIVE BENEFITS IF NO PRIMARY BENEFICIARY IS LIVING AT THE TIME OF YOUR DEATH

Note: Share of benefits must total 100% for contingent beneficiaries. If additional space is needed to designate multiple beneficiaries, complete the Supplemental Beneficiary Designation page. Type of Beneficiary Designation] Trust] Estate Share of Benefits % (whole percentages only) Relationship Date of Birth Social Security No. (mm/dd/yyyy) Last Name First Name/Middle Initial Name of Trust/Estate Trustee/Executor Trust/Estate Tax ID Effective Date **Mailing Address** City State Zip Code **CONTINGENT BENEFICIARY DESIGNATION (CONTINUED)** Type of Beneficiary Designation] Individual] Trust] Estate Share of Benefits % (whole percentages only) Relationship Date of Birth Social Security No. (mm/dd/yyyy) Last Name First Name/Middle Initial Name of Trust/Estate Trustee/Executor Effective Date Trust/Estate Tax ID Mailing Address City State Zip Code

NOTICE AND WAIVER OF PRE-RETIREMENT SURVIVOR BENEFIT (IF SPOUSE IS NOT PRIMARY BENEFICIARY)

SPOUSAL CONSENT (IF SPOUSE IS NOT 100% PRIMARY BENEFICIARY)

As a plan participant, the law requires that you be informed as to the disposition of your account. In the case of your death before retirement, the plan will pay your full vested account balance to your surviving spouse. However, you may elect to waive the requirement that your death benefit be paid to your surviving spouse. Your spouse must consent in writing to any such waiver. You may revoke any waiver at any time before your death, and, if you desire, make a new election, provided your spouse consents to this new election. If you elect that your spouse is not to be your beneficiary for your full vested account balance (and your spouse has consented), then you may designate a beneficiary of your choosing. If you are not married at the time of your death, the death benefit will be paid to your designated beneficiary.

I have been informed that if I should die prior to my retirement, I have the right to have the full vested account balance in the plan paid to my spouse; that I have the right to waive the designation of my spouse as the beneficiary of all or a portion of my death benefit only if my spouse consents to such waiver; and that I have the right to revoke such waiver at any time without my spouse's consent. I hereby waive the right to have my spouse be the beneficiary of all or a portion of my pre-retirement death benefit. Instead, I designate the above beneficiary(ies) to receive all or a portion of the benefits upon my death.

X	X	
Spouse Signature	Date	
WITNESSED		
x	x	
Plan Sponsor for Notary Public Signature and Stamp/Seal	Date	
Participant Signature		
hereby warrant that all of the statements and information conta any false or misleading statements in this request that such state damages to the Plan, my Plan Sponsor and Transamerica. Moreov Plan Sponsor harmless from any tax consequences and/or other n	ed in this request/form are true in all respects. I understand that if I havents could result in significant tax consequences and/or other moneta I hereby agree to indemnify and hold (a) the Plan, (b) Transamerica, a netary damages that may result in whole or in part from my false and	ary and (c) my
hereby warrant that all of the statements and information contains false or misleading statements in this request that such state damages to the Plan, my Plan Sponsor and Transamerica. Moreov Plan Sponsor harmless from any tax consequences and/or other nestatements I certify that the information provided on this form is	ents could result in significant tax consequences and/or other moneta I hereby agree to indemnify and hold (a) the Plan, (b) Transamerica, a netary damages that may result in whole or in part from my false and	ary and (c) my
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Date

Plan Sponsor Signature

Supplemental Beneficiary Designations Social Security No. First Name/Middle Initial Last Name Note: Share of benefits must total 100% for primary beneficiaries (will receive benefits in the event of your death) AND 100% for contingent beneficiaries (will receive benefits if no primary beneficiary is living at the time of your death).] Primary Beneficiary] Contingent Beneficiary [Type of Beneficiary Designation] Individual] Trust] Estate Share of Benefits % (whole percentages only) Relationship Date of Birth Social Security No. (mm/dd/yyyy) Last Name First Name/Middle Initial Name of Trust/Estate Trustee/Executor Trust/Estate Tax ID **Effective Date** Mailing Address City Zip Code State] Primary Beneficiary] Contingent Beneficiary Type of Beneficiary Designation] Individual] Trust] Estate Share of Benefits % (whole percentages only) Relationship Date of Birth Social Security No. (mm/dd/yyyy) Last Name First Name/Middle Initial Name of Trust/Estate Trustee/Executor Trust/Estate Tax ID **Effective Date** Mailing Address City State Zip Code